

nā mele Kala'e Parish **MONDAY, OCTOBER 28 AT 7:30 PM** Don't miss out on family fun coming this month!



Kala'e Parish

MONDAY, OCTOBER 28 AT 7:30 PM

Kala'e Parish is making a splash as a Hawaiian country music artist. And while country may not be the first genre you think of in the local music

scene, Parish says it's what he grew up listening to. "Every single karaoke song that my aunties and uncles would sing was all country songs."

Born and raised on O'ahu, he now calls the island of Hawai'i home. He says it's where he's always wanted to be, living the country lifestyle. Parish uses his life experiences and the islands as inspiration for his original compositions. His music runs the gamut from catchy dance tunes to heartfelt and very personal ballads. "I wanted to write my own music and I wanted to tell my story through my perspective of things," says Parish.

The Nā Hōkū Hanohano award winner is humbled by the recognition. "When I started winning awards and being nominated for awards, it was very special to me because it was my peers acknowledging my music," says Parish. "My goal is always to write good songs."

Experience the passion and enthusiasm of Kala'e Parish on the next **Nā Mele** premiere, Monday, October 28 at 7:30 pm.

MONDAYS AT 7:30 PM

October 7 | Mailani (2016)

October 14 | Nina Keali'iwahamana & Bill Kaiwa (2001)

October 21 | Mākaha Sons (2004)

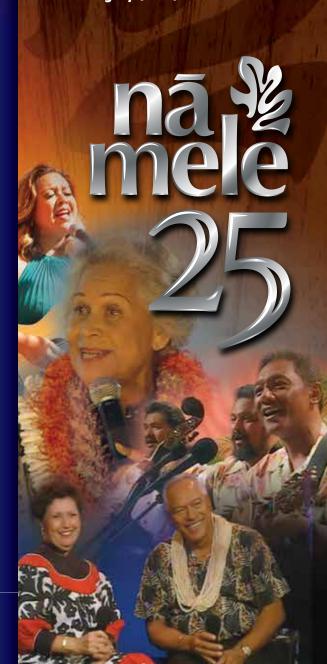
October 28 | Kala'e Parish (2024)

SATURDAYS AT 8:00 PM

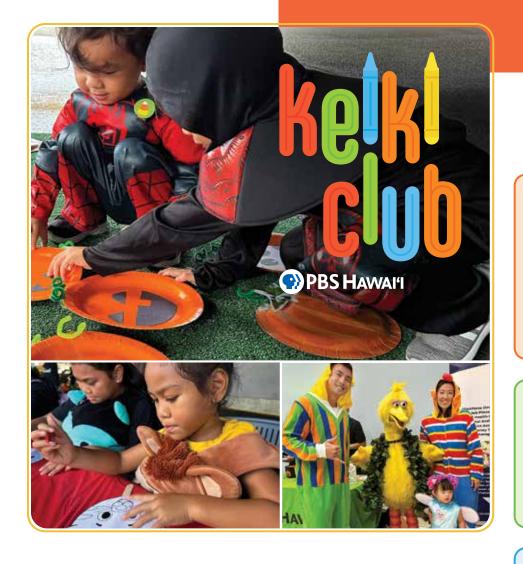
October 12 | Emma Veary at Halekulani (2011)

October 19 | Waimea 'Ukulele & Slack Key Guitar Festival (2009)

October 26 | Queen Emma: Her Life and Legacy (2015)







Trunk O' Treat

Exclusive for PBS Hawai'i Keiki Club Members!

Join us at PBS Hawai'i for a familyfriendly Halloween bash complete with games, treats and tons of fun. Don't forget to come in your favorite Halloween costume!

How to Join

For just \$30 a year (\$25 for each additional sibling), you'll help support your favorite PBS Kids programs and get access to fantastic benefits.

Join the PBS Hawai'i Keiki Club and Celebrate with a Spooktacular Twist!

At PBS Hawai'i, we are about bringing fun and learning together for our keiki. From the timeless wisdom of Mister Rogers that many of us grew up with to the adventures of Daniel Tiger for today's children, our programs are designed to create magical and memorable learning experiences for your little ones!

When you join the PBS Hawai'i Keiki Club, you are supporting our mission and opening up a world of learning possibilities for keiki!

As a PBS Hawai'i Keiki Club member, you receive exclusive benefits like:

- A super fun Welcome Pack
- A special Birthday Gift
- An On-Air Birthday Shout-Out
- Quarterly Newsletters with all the latest and greatest news
- Invitations to Exclusive Events like our Trunk O' Treat!

Ready to join the fun?



Visit us at pbshawaii.org/keiki-club or simply scan this code!

Looking for more Halloween family fun?

Come on down to Pearlridge Center's Candy Crawl for trick-ortreating and activities from 5:00 pm – 8:00 pm on Thursday, October 31. Stop by our PBS Hawai'i booth. It's free fun for the entire family.

OCTOBER 2024 EVENING SCHEDULE

7

7:30

NĀ MELE

8:00 ANTIQUES ROADSHOW Vintage Denver 2024, Hou

Mailani

SUNDAY

MONDAY

TUESDAY



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HAWAIIAN TELCOM

Basic Cable: Channel 11 High-definition: Channel 1011 PBS KIDS 24/7: Channel 96

DirecTV

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Dish Network

PBS Hawai'i: Channel 11 PBS Kids 24/7: Channel 10

All programs offer closed-captioning. Start streaming now on the free PBS app.



pbs.org/pbs-app



1 7:30 HIKI NŌ ON PBS HAWAI'I **AMERICAN EXPERIENCE** The American Vice President AMERICAN MASTERS Rita Moreno: Just a Girl Who Decided To Go For It 11:00 AMANPOUR AND COMPANY

U	
7:00	RIDLEY Season 2:
	The Hollow Tree, Part 2
8:00	MOONFLOWER MURDERS ON
	MASTERPIECE Episode 4 of 6
9:00	VAN DER VALK ON MASTERPIECE
	Season 4: Hope in Amsterdam, Part 2
10:00	A BRIEF HISTORY OF THE FUTURE
	Once Upon a Time
11:00	TO THE CONTRARY WITH
	BONNIE ERBE
11.30	LAURA FLANDERS & FRIENDS
11.00	LAGINA I LANDENO & I MILINDO
	8:00 9:00 10:00

11:30	LAURA FLANDERS & FRIENDS
13	
7:00	RIDLEY Season 2:
	Fool for Love, Part 1
8:00	MOONFLOWER MURDERS ON
	MASTERPIECE Episode 5 of 6
9:00	VAN DER VALK ON MASTERPIECE
	Season 4: Secrets in Amsterdam, Part
10:00	A BRIEF HISTORY OF THE FUTURE
	Human
11:00	TO THE CONTRARY WITH
	BONNIE ERBE
11:30	LAURA FLANDERS & FRIENDS

11:00	TO THE CONTRARY WITH BONNIE ERBE
11:30	LAURA FLANDERS & FRIENDS
20	
7:00	RIDLEY Season 2:
	Fool for Love, Part 2
8:00	MOONFLOWER MURDERS ON
	MASTERPIECE Episode 6 of 6
9:00	VAN DER VALK ON MASTERPIECE
	Season 4: Secrets in Amsterdam, Part 2
10:00	A BRIEF HISTORY OF THE FUTURE
	Together
11:00	TO THE CONTRARY WITH
	BONNIE ERBE
11:30	LAURA FLANDERS & FRIENDS
27	
7.00	DIDLEY Coason 2:

9:00	VAN DER VALK ON MASTERPIECE
	Season 4: Secrets in Amsterdam, Part
0:00	A BRIEF HISTORY OF THE FUTURE
	Together
1:00	TO THE CONTRARY WITH
	BONNIE ERBE
1:30	LAURA FLANDERS & FRIENDS
27	
7:00	RIDLEY Season 2:
	The Memory Jar, Part 1
3:00	THE MARLOW MURDER CLUB ON
	MASTERPIECE Episode 1 of 4
9:00	WOLF HALL ON MASTERPIECE
	Episode 1 of 6
0:08	A BRIEF HISTORY OF THE FUTURE
0.00	Tomorrows
1:05	
1.03	
	BONNIE ERBE

11:33 LAURA FLANDERS & FRIENDS

9:00 10:30 11:00	POV In the Rearview POV SHORTS The Dream of a Horse AMANPOUR AND COMPANY
14	
7:30	NĀ MELE Nina Keal'iwahamana
8:00	& Bill Kaiwa ANTIQUES ROADSHOW Vintage Denver 2024, Hour 2
9:00	RUN, HIDE, FIGHT: GROWING UP UNDER THE GUN
9:30	POV Twice Colonized
11:00	AMANPOUR AND COMPANY

9:30 11:00	UP UNDER THE GUN POV Twice Colonized AMANPOUR AND COMPANY
21 7:30 8:00 9:00 10:00 11:00	NĀ MELE Mākaha Sons ANTIQUES ROADSHOW Vintage Madison 2024, Hour 1 POV Tokyo Uber Blues MOMENTUM AMANPOUR AND COMPANY
28	

AMANPOUR AND COMPANY

11:00

9:30 11:00	POV Twice Colonized AMANPOUR AND COMPANY	11:30	Palestinians AMANPOUR AND COMPA
21 7:30 8:00 9:00 10:00 11:00	NĀ MELE Mākaha Sons ANTIQUES ROADSHOW Vintage Madison 2024, Hour 1 POV Tokyo Uber Blues MOMENTUM AMANPOUR AND COMPANY	7:30 8:00 9:00 10:00 11:00	HIKI NŌ ON PBS HAWAI'I FINDING YOUR ROOTS No Irish Need Apply CITIZEN NATION The Hustle VOCES LATINO VOTE 2024 AMANPOUR AND COMPA
28 7:30	NĀ MELE	29 7:30	HIKI NŌ ON PBS HAWAI'I
8:00	Kalaʻe Parish ANTIQUES ROADSHOW Vintage Madison 2024, Hour 2	8:00 9:00	The Shirts on Their Backs CITIZEN NATION
9:00	VOCES Our Texas, Our Vote	10:00	Agree to Disagree FRONTLINE
10:00	BEYOND DEBATE: A REVOLUTION IN EDUCATION	11:30	American Voices 2024 AMANPOUR AND COMPA

ur 1	8 7:30 8:00 9:00 10:00 11:00	HIKI NŌ ON PBS HAWAI'I FINDING YOUR ROOTS Where Did We Come From? CITIZEN NATION Chasing Victory FRONTLINE The VP Choice: Vance vs. Walz AMANPOUR AND COMPANY
ur 2 Wing	15 7:30 8:00 9:00 10:00	HIKI NŌ ON PBS HAWAI'I FINDING YOUR ROOTS Laughing on the Inside CITIZEN NATION In the Fray FRONTLINE A Year of War: Israelis and Palestinians AMANPOUR AND COMPANY
our 1	22 7:30 8:00 9:00 10:00 11:00	HIKI NŌ ON PBS HAWAI'I FINDING YOUR ROOTS No Irish Need Apply CITIZEN NATION The Hustle VOCES LATINO VOTE 2024 AMANPOUR AND COMPANY

ING YOUR ROOTS Shirts on Their Backs ZEN NATION e to Disagree NTLINE rican Voices 2024 11:30 AMANPOUR AND COMPANY

WEDNESDAY TH		URSDAY	SDAY FRIDAY		SATURDAY			
		PBS HAWAI'I CLASSICS Hāmākua Coast BIG CATS 24/7 Episode 4 NOVA Solar System: Storm Worlds SECRETS OF THE DEAD Returning to Babylon AMANPOUR AND COMPANY	10:00	INSIGHTS ON PBS HAWAI'I PBS HAWAI'I PRESENTS Reel Wāhine of Hawai'i 4 WEATHERED: EARTH'S EXTREMES Are We at a Tipping Point? RFDS: ROYAL FLYING DOCTOR SERVICE Season 2, Episode 5 of 8 AMANPOUR AND COMPANY		THE UNTOLD HISTORY OF LATINOS Threads in the American Tapestry		MILK STREET'S MY FAMILY RECIPE Grandma Erna's Kugel DREAMS OF GLORY: THE WORLD OF WOMEN'S SUMO GREAT PERFORMANCES AT THE MET Florencia en el Amazonas ART + MEDICINE: DISABILITY, CULTURE AND CREATIVITY AUSTIN CITY LIMITS Gary Clark Jr./The Black Pumas
	8:00 9:00 10:00	PBS HAWAI'I CLASSICS Eleanor Heavey, Part 1 of 2 BIG CATS 24/7 Episode 5 NOVA Solar System: Strange Worlds SECRETS OF THE DEAD Mozart's Sister AMANPOUR AND COMPANY		INSIGHTS ON PBS HAWAI'I PBS HAWAI'I PRESENTS Listen to the Forest WEATHERED: EARTH'S EXTREMES Adapt or Leave? RFDS: ROYAL FLYING DOCTOR SERVICE Season 2, Episode 6 of 8 AMANPOUR AND COMPANY	7:30 8:00 9:00 10:00 11:00	THE UNTOLD HISTORY OF LATINOS Solidarity in a New Era NEXT AT THE KENNEDY CENTER Snarky Puppy: The Family We Make	7:30 7:30 8:00 9:00 10:00 11:00	
	8:00 9:00 10:00	PBS HAWAI'I CLASSICS Eleanor Heavey, Part 2 of 2 BIG CATS 24/7 Episode 6 NOVA Solar System: Volcano Worlds SECRETS OF THE DEAD The Herculaneum Scrolls AMANPOUR AND COMPANY		INSIGHTS ON PBS HAWAI'I PBS HAWAI'I PRESENTS Ah Quon McElrath: The Struggle Never Ends WEATHERED: EARTH'S EXTREMES The Heat is On RFDS: ROYAL FLYING DOCTOR SERVICE Season 2, Episode 7 of 8 AMANPOUR AND COMPANY	9:00	WASHINGTON WEEK WITH THE ATLANTIC THE M FACTOR: SHREDDING THE SILENCE ON MENOPAUSE NEXT AT THE KENNEDY CENTER Alonzo King's Lines Ballet: Deep River TO FEEL THE EARTH AND TOUCH THE SKY: LIVING THE LEGACY OF AMERICAN MODERN DANCE AMANPOUR AND COMPANY	7:00 7:30 8:00 9:00 11:00	HOME IS HERE Ann Yoshida, UH Hilo Beekeeping Certificate CURIOUS TRAVELER Allgäu and Füssen, Germany NÄ MELE Waimea 'Ukulele & Slack Key Guitar Festival JAZZ MUSIC AWARDS 2023 AUSTIN CITY LIMITS Jacob Collier/Nickel Creek
	8:00 9:00 10:00	PBS HAWAI'I CLASSICS Corky Trinidad, Shakuhachi, Folclórico de Camões NATURE Silverback NOVA Solar System: Icy Worlds SECRETS OF THE DEAD The Civil War's Lost Massacre AMANPOUR AND COMPANY	9:30 10:00	KĀKOU: HAWAI'I'S TOWN HALL The State of Aloha PBS HAWAI'I PRESENTS This is Kohala WEATHERED: EARTH'S EXTREMES Water Whiplash RFDS: ROYAL FLYING DOCTOR SERVICE Season 2, Episode 8 of 8 AMANPOUR AND COMPANY	25 7:30 8:00 10:00 11:00	WASHINGTON WEEK WITH THE ATLANTIC GREAT PERFORMANCES Émigré COMPOSER: AMY BEACH AMANPOUR AND COMPANY	9:00 10:00	MILK STREET'S MY FAMILY RECIPE My Grandmother's Gorton CURIOUS TRAVELER Upper Bavaria, Germany NĀ MELE Queen Emma: Her Life and Legacy RECORDED LIVE AT ANALOG Michael McDonald & Paul Reiser VOCES Mambo Legends: The Music Never Ends AUSTIN CITY LIMITS Brittany Howard
		HOME IS HERE Hanohano Naehu, Asato Family Shop, Candy Art Hawaii NATURE Dracula's Hidden Kingdom NOVA Solar System: Wandering Worlds	31 7:30 8:30 9:30	PACIFIC HEARTBEAT Stan PBS HAWAI'I PRESENTS Dear Thalia WEATHERED: EARTH'S EXTREMES Not Business as Usual		PBS Hawai'i Pass Support PBS Haw get even more. Contribute a gift of \$5	vai'	i and

Contribute a gift of \$5 per month

and get extended access to your

favorite PBS shows.

as Usual

10:00 NEVER DROP THE BALL

11:00 AMANPOUR AND COMPANY

Solar System: Wandering Worlds

10:00 SECRETS OF THE DEAD

Field of Vampires

11:00 AMANPOUR AND COMPANY

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WEEKLY DAYTIME SCHEDULE

	MONDAY - FRIDAY	SATURDAY	SUNDAY
5:00 am	Clifford the Big Red Dog	Cyberchase	Martha Speaks
5:30 am	Ready Jet Go!	Arthur	Hero Elementary
6:00 am	Hero Elementary	Dinosaur Train	Donkey Hodie
6:30 am	Donkey Hodie	Donkey Hodie	Mister Rogers' Neighborhood
7:00 am	The Cat in the Hat	Wild Kratts	Sesame Street
7:30 am	Elinor Wonders Why	The Cat in the Hat	Elinor Wonders Why
8:00 am	Xavier Riddle and the Secret Museum	Xavier Riddle and the Secret Museum	Rosie's Rules
8:30 am	Rosie's Rules	Alma's Way	Pinkalicious & Peterrific
9:00 am	Daniel Tiger's Neighborhood	Daniel Tiger's Neighborhood	Daniel Tiger's Neighborhood
9:30 am	Work It Out Wombats!	Work It Out Wombats!	Super Why!
10:00 am	Molly of Denali	Molly of Denali	The Cat in the Hat
10:30 am	Dinosaur Train	Nature Cat	WordGirl
11:00 am	Pinkalicious & Peterrific	Lyla in the Loop	Arthur
11:30 am	Lyla in the Loop	Odd Squad	Wild Kratts
noon	Sesame Street	HIKI NŌ on PBS Hawaiʻi	Antiques Roadshow
12:30 pm	Alma's Way	Sit and Be Fit	Alltiques Roadshow
1:00 pm	NHK Newsline	The Best of The Joy of Painting	PBS Hawaiʻi Presents
1:30 pm	NHK World-Japan	Canvasing the World	r D3 Hawai i r leselles
2:00 pm	NHK Newsline	Woodsmith Shop	Insights on PBS Hawai'i
2:30 pm	NHK World-Japan	Ask This Old House	insignts on rbs riawari
3:00 pm	Wild Kratts	This Old House	HIKI NŌ on PBS Hawaiʻi
3:30 pm	Nature Cat	MotorWeek	Nā Mele
4:00 pm	Arthur	Pati's Mexican Table	PBS Hawai'i Classics/Home is Here
4:30 pm	Odd Squad	America's Test Kitchen	History with David Rubenstein
5:00 pm	NHK Newsline	Cook's Country	NHK Newsline
5:30 pm	NHK World-Japan	Milk Street Television	Asia Insight
6:00 pm	BBC News	Dining with the Chef	Firing Line with Margaret Hoover
6:30 pm	PBS News Hour	PBS News Weekend	PBS News Weekend

NHK WORLD-JAPAN

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1:00 pm	NHK Newsline	NHK Newsline	NHK Newsline	NHK Newsline	NHK Newsline
1:30 pm	Cycle Around Japan	Deeper Look	Kabuki Kool	Lunch On!	J-Arena
2:00 pm	NHK Newsline	NHK Newsline	NHK Newsline	NHK Newsline	NHK Newsline
2:30 pm	Journeys in Japan	Dive in Tokyo	Core Kyoto	Asia Insight	NHK World-Japan Showcase (2:10 pm)
5:00 pm	NHK Newsline	NHK Newsline	NHK Newsline	NHK Newsline	NHK Newsline
5:30 pm	Trails to Oshii Tokyo	Science View	Seasoning the Seasons	Design X Stories	Japanology Plus

Local broadcast of NHK World-Japan is made possible in part by the generous support of:

ATSUHIKO AND INA GOODWIN TATEUCHI FOUNDATION



BS KIDS 24/7

Over-the-Air 11.3 | Spectrum 443

	Hawaiian Telcom 96
3:00 am	Lyla in the Loop
3:30 am	Nature Cat
4:00 am	Molly of Denali
4:30 am	Hero Elementary
5:00 am	Cyberchase
5:30 am	Let's Go Luna!
6:00 am	Clifford the Big Red Dog
6:30 am	Sesame Street
7:00 am	Pinkalicious & Peterrific
7:30 am	Mecha Builders
8:00 am	Sesame Street
8:30 am	Milo
9:00 am	Work It Out Wombats!
9:30 am	Work It Out Wombats!
10:00 am	Daniel Tiger's Neighborhood
10:30 am	Daniel Tiger's Neighborhood
11:00 am	Curious George
11:30 am	Curious George
noon	Donkey Hodie
12:30 pm	Donkey Hodie
1:00 pm	Elinor Wonders Why
1:30 pm	Rosie's Rules
2:00 pm	Rosie's Rules
2:30 pm	Xavier Riddle and the Secret Museum
3:00 pm	Alma's Way
3:30 pm	Alma's Way
4:00 pm	Lyla in the Loop
4:30 pm	Arthur
5:00 pm	Odd Squad
5:30 pm	Odd Squad
6:00 pm	Wild Kratts
6:30 pm	Wild Kratts
7:00 pm	Lyla in the Loop
7:30 pm	Nature Cat
8:00 pm	Molly of Denali
8:30 pm	Hero Elementary
9:00 pm	Cyberchase
9:30 pm	Let's Go Luna!
10:00 pm	Rosie's Rules
10:30 pm	Xavier Riddle and the Secret Museum
11:00 pm	Alma's Way
11:30 pm	Alma's Way
midnight	Lyla in the Loop
12:30 am	Arthur
1:00 am	Odd Squad
1:30 am	Odd Squad
2:00 am	Wild Kratts
2:30 am	Wild Kratts

LOCAL PROGRAM HIGHLIGHTS



AIRS TUESDAYS AT 7:30 PM

All-new episodes of **HIKI NŌ on** PBS Hawai'i begin this month, starting on October 1 with the first of our Class of 2024 specials, highlighting outstanding HIKI NŌ graduates. The new season of HIKI NŌ on PBS Hawai'i continues on October 15, featuring brandnew stories from Hawai'i's New Wave of Storvtellers.

PBS HAWAI'I **CLASSICS**

AIRS MOST WEDNESDAYS AT 7:30 PM

October 2 | Hāmākua Coast A tour of the Hāmākua Coast on the island of Hawai'i features taro farmers, a sugar plantation and area artisans in this 1987 episode of Spectrum Hawai'i.

October 9 | Eleanor Heavey, Part 1

This two-part episode of Pau Hana Years from 1973 features Eleanor Heavey, who was born and raised in the Kaka'ako district of Honolulu. Here, she talks about her family's good life despite few resources.

October 16 | Eleanor Heavey, Part 2

In part two, Heavey talks about how she helps senior citizens after more than 20 years working with children in the city's parks and recreation division.

October 23 | Corky Trinidad, Shakuhachi. Folclórico Luiz de **Camões** Meet political cartoonist Corky Trinidad, a Portuguese dance company and experience the

modern version of the centuries old shakuhachi flute in this episode of Spectrum Hawai'i from 1983.



AIRS THURSDAYS AT 7:30 PM

October 3, 10 and 17 | We continue our coverage of races heading into the November 5 General Election in three consecutive

episodes of **Insights**

on PBS Hawai'i.





October 2 | DJ Chicken Jerky

Ella Wong, 11, found her groove in the music world and now has a beat on the local DJ scene. She also happens to have one of the coolest stage names in town.

October 9 | Jimmy "The Geek" **Bender** You can catch this "Geek" on morning radio with Michael W. Perry, at midday with a couple of other Poor Sports or on Spectrum OC16.

October 16 | Freshwater Czar Without freshwater, there are no rivers, streams or aquifers.

Without freshwater, there is no life. Hear why Jeremy Kimura refuses to let that happen in Hawai'i.

October 23 | Hawai'i's 2024 **Distinguished Young Woman**

Since 1958, 780,000 young women have competed in this prestigious program but only a few have won this "Distinguished Award." We'll meet a local girl who owns that title in 2024.

October 30 | The Baby Tooner

Pitching a product in front of self-made billionaires is an intimidating thought, but not for this local girl. Hear why even at the age of 10 she had no fear of entering the "Shark Tank."



PODCAST D

UPLOADS EVERY OTHER FRIDAY

October 11 | NEW VIDEO RELEASE: **Tassho Pearce** Watch one of Hawai'i's most respected MCs and entrepreneurs recall the early days of Hoomanakaz and his clothing brand, Flip the Bird.

October 25 | NEW VIDEO RELEASE: Harold "2 Swift" Enanoria

See this original member of the Hip-Hop crew "Bomb Squad" rewind the clock to the beginning of Hawai'i's first popping and breaking battles.

Check YouTube for the re-release of Season 1 on video!





Born in Hawai'i in 1915 to Chinese immigrants, Ah Quon McElrath became one of the islands' most influential leaders, giving voice to Hawai'i's working class.

"Working people deserved to take control over their lives and to have something to say about the direction of Hawai'i," McElrath says in the film.

Fondly known as AQ, she was an intellectual force who helped power a labor movement based on racial equality that transformed Hawai'i during a period when the socalled Big Five companies controlled Hawai'i's economy and the fortunes of its people.

The documentary, Ah Quon McElrath: The Struggle Never Ends, recounts how she helped shape the Hawai'i local of the International Longshore and Warehouse Union (ILWU) into a force for political change.

"The union was the important thing. All of us who had had any plantation experience recognized the discrimination. We realized why it was important to have a lasting organization that would give us the feeling of strength," McElrath says.

She was passionate and fearless and not afraid to stand up to employers or to the male leadership in the union.

"Let's face it, generally men's attitudes about women is very medieval. They don't think that women can do a job," she says.

After retiring from the union, McElrath, who died in 2008, continued working for social and economic justice championing universal health care, education, freedom of the press along with civil and human rights.

The State of Aloha **THURSDAY, OCTOBER 24 AT 7:30 PM**

Hawai'i is famous for its pristine beaches, lush valleys, great weather and the aloha spirit. Great scenery and weather are not unique to Hawai'i, but the aloha spirit is and it is written into law.

Hawai'i Revised Statutes 5-7.5, (a) says, "'Aloha Spirit' is the coordination of mind and heart within each person. It brings each person to the self. Each person must think and emote good feelings to others."

The aloha spirit is more than legal jargon. It is a core value in local culture that represents a way of life, a state of mind, a reverant appreciation of our surroundings, a life force rooted in relationships with nature and other people and in acts of humility, kindness and giving.

Findings of a study published in the National Library of Medicine suggest that "the aloha spirit could be a cultural resource that is beneficial to psychological well-being in Hawai'i."

Is this spirit that we cherish and celebrate under duress? For some, yes, caused by Hawai'i's high cost of living and chronic lack of affordable housing. This has forced families to make tough decisions including about whether to leave.

Patience wears thin under the stressors of modern life including low wages, exorbitant prices, the volume of tourists and leadership that seems unable or unwilling to find solutions.

PBS Hawai'i has invited people from across the state to join us for the next KĀKOU: Hawai'i's Town Hall to discuss The State of Aloha. What do you think? Join our live discussion on Thursday, October 24 at 7:30 pm.



Home is Here

WEDNESDAY, OCTOBER 30 AT 7:30 PM

Hanohano Naehu boasts an impressive resume. A worldrecord-setting rodeo champion and dedicated kia'i loko (fishpond steward), he recently added Nā Hōkū Hanohano Award winner to his list of achievements. Alongside his wife Maile and their rap collective Hoʻokupu, Naehu produced an educational album that delves into the history of Hawai'i, earning him the prestigious award for Hip Hop Album of the Year in 2023. Before he ever picked up a microphone, Naehu was an activist and lobbyist fighting to protect the land and sea in Hawai'i. "The music has given me and my family the opportunity for say what I like say. I no think there's a better

way of spreading the message than through music."

The Asato family has turned a beloved childhood treat into a thriving business. The family specializes in making homemade sherbet, which highlights homegrown flavors like POG, lilikoʻi, Green River and li hing mui. Neale Asato and his mother, Colene, started making small batches of custom flavors at their small family store a few years ago and it did not take long for the lines to start forming. "People would come at five o'clock in the morning, and if you're not in that line, you won't receive the flavor that you wanted." Neale's father and brother have since stepped in to help with the growing demand making it a true family business. "It definitely wouldn't be here without the whole family."

Nathan and Chika Tanaka are skilled in the art of amezaiku, the traditional Japanese art of sculpting hot candy into lollipops of different shapes or animals. The practice dates back to the 17th century. The couple created Candy Art Hawaii more than a decade ago. They are two of the very few artists practicing amezaiku outside of Japan. "We heard there is only about 50 artists in Japan. And in the United States there are only a few, And we're the only one(s) in Hawai'i." They look at their candy as more than just sharing a sweet treat but as an opportunity to share culture. "It is really special for us to do this and I'm glad to try and keep this art alive."







NATIONAL PROGRAM HIGHLIGHTS



AMFRICAN FXPFRIFNCE The American Vice President Tuesday, October 1, 8:00 pm

Explore the dramatic period in American history between 1963 and 1976, when a grief-stricken, then scandal-stricken nation was forced to define the role of the vice president and the process of succession. Pictured: Lyndon B. Johnson taking the oath of office in 1963.



WEATHERED: EARTH'S EXTREMES Thursdays, Oct. 3-Nov. 7, 9:30 pm

Natural disasters and extreme weather can happen without warning. And with the impacts of climate change, more Americans than ever are at risk. This series, hosted by Maya May, highlights stories from people affected by natural disasters and explains how families and communities can be prepared.



MILK STREET'S MY FAMILY RECIPE Saturdays, Oct. 5-Dec. 14, 7:00 pm

Christopher Kimball and baker Cheryl Day help home cooks recreate lost or forgotten cherished family recipes. More than a cooking show, the series highlights how food connects history, community and memories. Among the recipes recovered: coconut cake, butter rolls, calzone and popovers.



CITIZEN NATION Tuesdays, October 8-29, 9:00 pm

This four-part series is an inspiring coming-of-age story that follows teenagers from across America as they face off in the nation's premier civics competition. Culminating in a championship showdown in the nation's capital, high school students with diverse personal and political backgrounds grapple with critical questions about democracy.



THE M FACTOR: SHREDDING THE SILENCE ON MENOPAUSE Friday, October 18, 8:00 pm

Menopause affects the health and well-being of millions of women. In addition to experiencing traumatic physical symptoms, women struggle with the related stresses of upended careers, family disruptions and emotional chaos. This program confronts this neglected crisis and challenges societal and medical shortcomings.



THE MARLOW MURDER CLUB **ON MASTERPIECE**

Sundays, Oct. 27-Nov. 17, 8:00 pm

Retired archaeologist Judith Potts (Samantha Bond) lives alone in a faded mansion in the peaceful town of Marlow, but when she hears a murder being committed in her neighborhood, she unites with a local dog-walker and a vicar's wife to solve the crime.

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NEXT MONTH



When Silence Becomes the Song Thursday, November 21 at 8:30 pm

When Silence Becomes the Song follows Ella Marcil, a film-student from Kaua'i, as she teams up with the biologists and conservationists from her home island working to save the last of the 'akikiki, also known as the Kaua'i creeper, remaining in the wild. She documents the team going to great lengths on the remote and rain soaked Alaka'i plateau on Kaua'i to try and protect the critically endangered endemic forest bird.

Above: A critically endangered 'akikiki, or Kaua'i Creeper, in the Alaka'i Wilderness Preserve on Kaua'i. Photo by Graham Talaber